

EDUCATION HONOURS

Paper – V

GROUP – 'A'

MODULE – 1

15 MARKS

1. What is adjustment? What are the criteria for good adjustment? 5+10
2. What do you mean by maladjustment? Write the different causes of maladjustment in school? 5+10
3. What are the different maladjusted behaviours of adolescence? Discuss the causes of such behaviours in adolescence. 5+10
4. Discuss the various ways in which a maladjusted behavior is expressed during childhood. 15
5. Write a short essay on psychodynamic concept of adjustment. 15
6. What are the symptoms of maladjustment during early and late childhood? 15
7. Explain the major cases of maladjustment, particularly among school children. 15
8. Method of identification of maladjusted students. Discuss the role of family in an individual's adjustment process. 7+8
9. What is the difference between adjustment and adaptation? Why good adjustment is needed in individual's life? 8+7
10. What is conflict? Explain with examples the various types of conflict and suggest how can these be resolved? 2+9+4
11. What do you mean by frustration? Explain the main reasons behind frustration. 5+10
12. Discuss how education helps to overcome frustration. 15
13. Discuss the positive role that may be taken by parent's educational institutions to eradicate maladjustment. 15

SHORT QUESTIONS:

5 MARKS

1. Explain adjustment.
2. Discuss the difference between adjustment and adaptation.

3. What are the conditions for an ideal adjustment?
4. What are the symptoms of adjustment?
5. Explain the social and cultural concept of adjustment?
6. What is meant by "homeostasis"?
7. What is meant by maladjustment?
8. Discuss the various types of conflict?
9. What are the maladjusted behaviour in childhood?
10. What is the difference between frustration and conflict?
11. Discuss the role of school in improving the mental health of students?
12. Write out five main causes of frustration.
13. What are the social factors which may lead to maladjustivebehaviour?
14. Give two reasons for which Treants theory of psychodynamics were criticised?
15. What is the Global assessment of functioning (GAF) mentioned in axis V of DSM IV.
16. What are coping skills.
17. What is meant by adjustive mechanism? Briefly state the causes of frustration.
18. Briefly state the causes of frustration.
19. Mention causes and treatment of ADHD.
20. Explain adjustment according to Piaget.
21. What is meant by Paranoid personality. State its symptoms.
22. How can maladjusted students be identified?

MODULE – II

15MARKS

1. What is stress? Discuss the various ways to control stress? 5+10
2. What do you mean by behaviouristic therapy? Discuss in which cases is this method of treatment helpful. 5+10
3. What do you mean by mental anxiety? State the causes arising out at anxiety. How does anxiety affect the learning process? 2+8+5
4. Discuss the mental sickness related to addiction to drag and alcoholism? 15
5. What are the different types of mutual distress? Explain the causes and symptoms at any of them. 5+10 6
6. Discuss the characteristics that distinguish schizophrenia from other disorder. 15
7. What do you mean by "behaviour therapy"? discuss the fields where it is helpful? 5+10
8. What is mental hygiene? What is the role of a teacher in the development of mental hygiene in students? 5+10
9. What do you mean by "cognitive therapy"? Suggest remedial measures of drug addiction? 5+10

10. What is personality disorder? Discuss different types of personality disorder? 5+10
11. What types of psychological problems are associated with substance related disorder? Mention the steps to reduce depression? What do you understand by behaviour therapy? 4+5+6

SHORT QUESTIONS:

5 MARKS

1. Write the causes for the increase in mental stress in the present social settings?
2. What are the strategies used to cope with stress?
3. Discuss the concept of humanistic mental treatment.
4. Discuss the concept of cognitive mental treatment.
5. Write the different axis of DSM IV.
6. From where does anxiety originate?
7. What are the steps to reduce depression?
8. What are the symptoms of mental illness due to depression?
9. What do you mean by drug addiction?
10. Discuss the reasons for the spread of drug addiction in today's youth.
11. Identify the different types of social selecting in the present context that may act as originator of schizophrenia.
12. What are the three main cause of depression?
13. Mention three major anxiety disorders.
14. Mention the reasons behind the enhancement of stress in the present day life situation.
15. Mention two types of sleeping disorder.
16. Discuss sleep disorder in brief.
17. What is substance of abuse disorder?
18. Suggest remedial measures of drug addiction.
19. How does anxiety affect the learning process?
20. Explain the basic principle of cognitive therapy.
21. Mention the names of two psychologists associated with humanistic therapy?
22. Role of school in promoting mental health of the students.
23. Discuss the role of parents to keep mental health of children.
24. Write down the symptoms and treatment of schizophrenia.

GROUP B

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| 1. What do you mean by guidance? Discuss the various needs of guidance? | 15 |
| 2. State the various functions of guidance. Explain the different types of guidance. | 5+10 |
| 3. What is educational guidance? Describe the role of educational guidance in the field of secondary education. | 5+10 |
| 4. What is vocational guidance? Discuss its relation with educational guidance. | 4+11 |
| 5. What is counselling? Discuss the various types of counselling. | 5+10 |
| 6. What is non-directive counselling? Describe its essential features and limitations. | 5+10 |
| 7. What do you mean by electric counselling? How is it different from directive and non-directive counselling? | 5+10 |
| 8. What are the basic data necessary for educational guidance? Discuss in detail. | 15 |
| 9. Discuss the tools and techniques of collecting information for educational guidance. | 15 |
| 10. Discuss the tools and techniques of collecting information on vocational guidance. | 15 |
| 11. What are the difference between guidance and counselling? Explain different types of counselling. | 5+10 |
| 12. Who are the exceptional children? Discuss the method of guiding such children. | 5+10 |
| 13. Who are the gifted children? How can they be identified? Discuss the various programmes for educating these children? | 4+6+5 |
| 14. Who are the slow learners? How can they be identified? Discuss the various programmes for educating these children? | 4+6+5 |
| 15. What is learning disability? What are its various types? How can learning disability be reduced? | 5+5+5 |
| 16. Write an essay on group counselling? | 15 |
| 17. Explain individual and group guidance. Discuss their advantage and disadvantage. Discuss the role of a teacher in school guidance. | 5+5+5 |
| 18. Discuss guidance activities in secondary school with reference to
i) orientation, ii) collection of information, iii) counselling, IV) follow-up. | 15 |

SHORT QUESTION:

5 MARKS

1. State the difference between guidance and teaching.
2. State the difference between guidance and counselling.
3. What is group counselling?
4. What are the difference between individual and group counselling?
5. Why is guidance necessary for adolescence?
6. What are the different characteristics of mentally challenged pupils?
7. Distinguish between counselling and psychotherapy.
8. What are the limitations of guidance services in our country?

9. What type of students requires counselling?
10. What are the uses of diagnostic tests in counselling?
11. What is occupational information and how do you collect them?
12. How will you identify gifted children?
13. What is career conference?
14. Discuss the need for using a personality test in counselling.
15. What is eclectic counselling?
16. What are the different types of learning disability?
17. What are the basic data required for adequate guidance?

MODULE II

15MARKS

1. What is cumulative record card? Discuss its uses and importance. Prepare a model of cumulative record card. 5+10
2. What is interest? State the importance of interest inventories in guidance. Explain in brief any one interest inventory and write down its utility? 4+4+8
3. What do you mean by intelligence test? What are its different types? State the necessity of these tests in guidance service. 3+4+8

SHORT QUESTION:

5 MARKS

1. What is cumulative record card?
2. Discuss the cumulative record card uses and importance.
3. What is interest?
4. What are the essential qualities of good text?
5. What is a diagnostics test? Give an example.
6. State the difference between cumulative record card and anecdotal record card.
7. What do you mean by achievement test?
8. What do you mean by aptitude?
9. What is case study method?
10. Mention the difference between aptitude and interest.
11. Mention three techniques of collecting occupational information?
12. Discuss the non-verbal and verbal intelligence test.
13. What is projective test?